

**No matter how deep you are
in guilt and despair, you can
cry out to God for forgiveness,
knowing that He delights in
abundant redemption.**

***Deliverance from
Guilt & Despair***

Psalm 130

In the face of the guilt & shame of sin ...

1. Cry to the Lord for mercy.

Fleshly strategies for dealing with guilt

A. Denial

B. Deflection

C. Rationalization

D. Penance

E. Despair

In the face of the guilt & shame of sin ...

- 1. Cry to the Lord for mercy.**
- 2. Admit your sin and ask for God's forgiveness.**
- 3. Draw close to the Lord, and anchor your hope in His word.**
- 4. Encourage others to experience God's abundant redemption, too.**