

***Finding Peace & Stability
Amidst the Pressures of Life***

Isaiah 26:3-4

**The peace that comes from
God is perfect, and we can rest
secure in Him.**

Psalm 29:11

“The LORD will give strength unto his people; the LORD will bless his people with peace.”

Philippians 4:6

“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.”

Job 3:25-26

“For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me. 26 I was not in safety, neither had I rest, neither was I quiet; [but] trouble came.”

Philippians 4:8

“Finally, brethren, whatsoever things are true, ... honest, ... just, ... pure, ... lovely, ... of good report; if there be any virtue, and if there be any praise, think on these things.”

- 1. Keep your mind looking to God, not to your troubles.**
- 2. Choose to trust in God, not in your own strength.**
- 3. Remember that peace comes from God, not from your circumstances.**