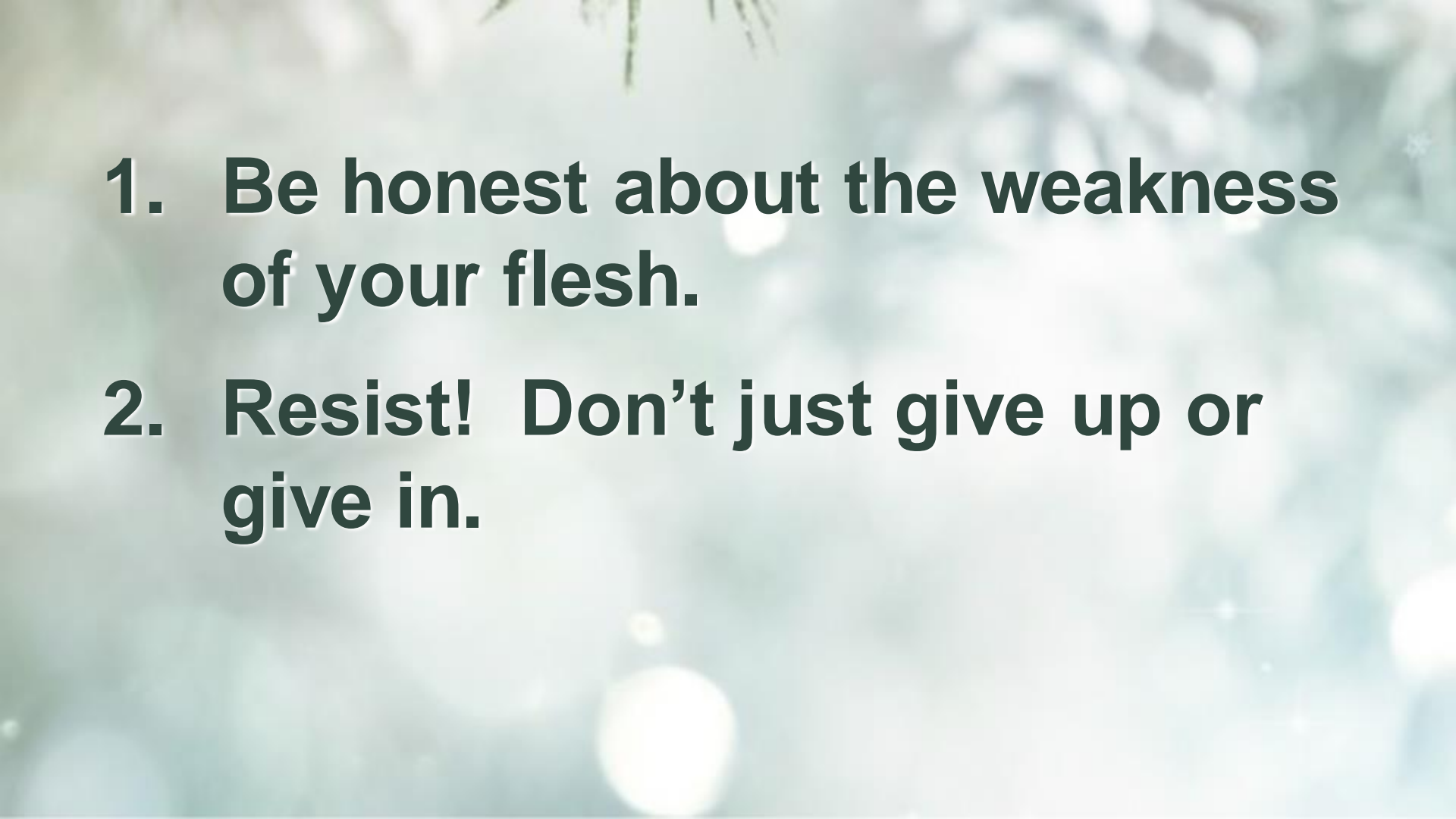




Resisting Temptation

Matthew 4:1-11

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- 1. Be honest about the weakness of your flesh.**
 - 2. Resist! Don't just give up or give in.**

James 4:7

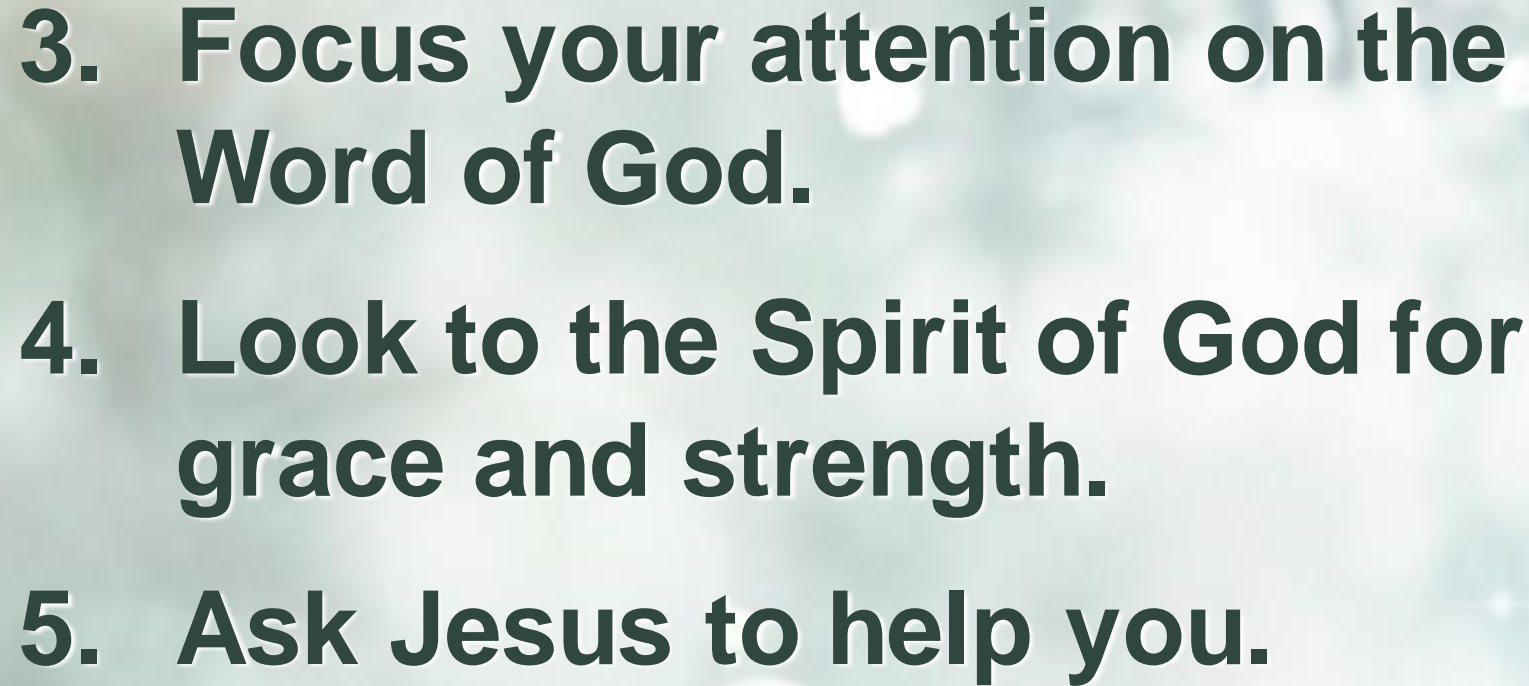
**“Submit yourselves therefore to
God. Resist the devil, and he will
flee from you.”**



**3. Focus your attention on the
Word of God.**

Ephesians 6:17

**“And take ... the sword of the Spirit,
which is the word of God:”**

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- 3. Focus your attention on the Word of God.**
 - 4. Look to the Spirit of God for grace and strength.**
 - 5. Ask Jesus to help you.**

Hebrews 2:18

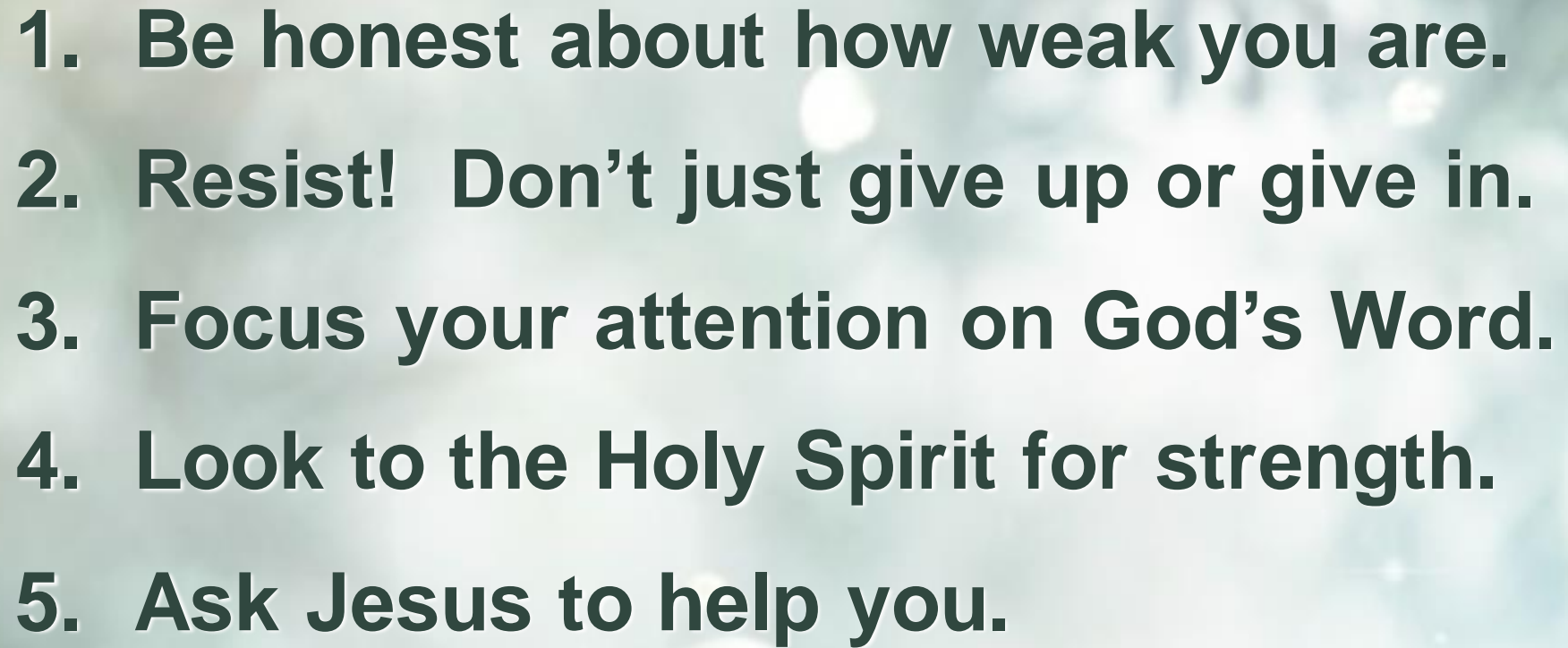
**“For in that he himself hath suffered
being tempted, he is able to succour
them that are tempted.”**

Hebrews 7:25

“Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make intercession for them.”

Hebrews 4:15

“For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.”

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- 1. Be honest about how weak you are.**
 - 2. Resist! Don't just give up or give in.**
 - 3. Focus your attention on God's Word.**
 - 4. Look to the Holy Spirit for strength.**
 - 5. Ask Jesus to help you.**